



## Aims & Objectives

### **The Aims & Objectives of the GaleForce Running Squad are to:**

- ✓ Offer and promote quality training sessions to cater for runners / walkers of all ages & abilities;
- ✓ Promote and further develop the sport of running with a focus on fun & enjoyment, & maximum participation;
- ✓ Create a fun, enjoyable & safe training environment for all squad members;
- ✓ Encourage squad members to participate in events featured in Queensland, Australia & Internationally;
- ✓ Promote and develop the sport in other locations and assist in the development of training sessions in those locations;
- ✓ Encourage further personal development of each squad member as an individual, getting them to believe in themselves, work hard towards their goals & focus on their strengths;
- ✓ Treat each squad member, fellow competitor, supporter, organisers, sponsors, family & friends with respect, support, encouragement & dignity;